

## The Northern Ireland Judo Federation will:

- Recognise its duty of care and responsibility to safeguard all participants from harm
- Promote and implement this anti-bullying policy in addition to our safeguarding policy and procedures
- Seek to ensure that bullying behaviour is not accepted or condoned
- Require all members of the NIJF to be given information about, and sign up to, this policy
- Take action to investigate and respond to any alleged incidents of bullying
- Encourage and facilitate children and young people to play an active part in developing and adopting a code of conduct to address bullying
- Ensure that coaches are given access to information, guidance and/or training on bullying.

## Each participant, coach, volunteer or official will:

- Respect every child/young person's need for, and rights to, a play environment where safety, security, praise, recognition and opportunity for taking responsibility are available
- Respect the feelings and views of others
- Recognise that everyone is important and that our differences make each of us unique and should be valued
- Show appreciation of others by acknowledging individual qualities, contributions and progress
- Be committed to the early identification of bullying, and prompt and collective action to deal with it
- Ensure safety by having rules and practices carefully explained and displayed for all to see
- Report incidents of bullying they see – by doing nothing, you are condoning bullying.

## Bullying

- All forms of bullying will be addressed
- Everybody in the NIJF has a responsibility to work together to stop bullying
- Bullying can include online as well as offline behaviour
- Bullying can include:
  - *Physical pushing, kicking, hitting, pinching etc.*
  - *Name-calling, sarcasm, spreading rumours, persistent teasing and emotional torment through ridicule, humiliation or the continual ignoring of individuals*
  - *posting of derogatory or abusive comments, videos or images on social network sites*
  - *Racial taunts, graffiti, gestures, sectarianism*
  - *Sexual comments, suggestions or behaviour*
  - *Unwanted physical contact*

- Children with a disability, from ethnic minorities, young people who are gay or lesbian, or those with learning difficulties are more vulnerable to this form of abuse and are more likely to be targeted.

## Support the Child/Young Person

- Children/young people should know who will listen to and support them
- Systems should be established to open the door to children/young people wishing to talk about bullying or any other issue that affects them
- Potential barriers to talking (including those associated with a child/young person's disability or impairment) need to be identified and addressed at the outset to enable children/young people to approach adults for help
- Children/young people should have access to Helpline numbers
- Anyone who reports an incident of bullying will be listened to carefully and be supported
- Any reported incident of bullying will be investigated objectively and will involve listening carefully to all those involved
- Children/young people being bullied will be supported, and assistance is given to uphold their right to play and live in a safe environment which allows their healthy development
- Those who bully will be supported and encouraged to stop bullying
- Sanctions for those bullying others that involve long periods of isolation, or which diminish and make individuals look or feel foolish in front of others, will be avoided.

## Support to the parents/guardians

- Parents/guardians should be advised on the NIJF's' Bullying Policy and practice.
- Any incident of bullying will be discussed with the child/young person's parent(s)/guardians.
- Parents will be consulted on action to be taken (for both victim and bully), and agreements made as to what action should be taken.
- Information and advice on coping with bullying will be made available.
- Support should be offered to the parent(s) including information on other agencies or support lines.

## Useful contacts

NIJF Lead DLP For Safeguarding Russell Brown  
07751748971  
[safeguarding@nijudo.com](mailto:safeguarding@nijudo.com)

### Address

N I Judo Federation  
House of Sport  
2a Upper Malone Road  
Belfast  
BT9 5LA

NSPCC Helpline 0808 800 5000

ChildLine 0800 1111 / [www.childline.org.uk](http://www.childline.org.uk)

Kidscape [www.kidscape.org.uk](http://www.kidscape.org.uk)

Anti-Bullying Alliance [www.antibullyingalliance.org](http://www.antibullyingalliance.org)

## NSPCC Child Protection in Sport Unit Northern Ireland

Tel: [028 9035 1135](tel:02890351135)

Website - [www.cpsu.org.uk](http://www.cpsu.org.uk)

Email: [cpsu@nspcc.org.uk](mailto:cpsu@nspcc.org.uk)

Twitter: [@TheCPSU](https://twitter.com/TheCPSU)

Address:

**Child Protection in Sport Unit Northern Ireland**  
**NSPCC**  
**Jennymount Business Park**  
**North Derby Street**  
**Belfast**

26/04/2021

3

BT15 3HN