**Volunteer Role Description**



**First Aider**

**First Aider Main role:**

* To be the nominated First Aider for the club, to keep up to date with first aid training, using an Automated External Defibrillator (AED)
* To administer basic first aid to club members at the training, competition venue if required
* To provide immediate lifesaving and medical care if required before an Ambulance arrives
* To record any administration paperwork and store appropriately

**Tasks involved:**

* Manage the incident and ensure the continuing safety of themselves, bystanders and the casualty.
* Assess casualties and find out the nature and cause of their injuries
* Arrange for further medical help or other emergency services to attend (eg: the fire service)
* If trained, prioritise casualties based upon medical need
* Provide appropriate first aid treatment as trained
* If able, make notes, observations of casualties
* Fill out any paperwork as required
* Provide a handover when further medical help arrives
* Ensure the First aid supplies are replenished after an incident/accident

**Time and location:**

The club runs weekly on (Insert)……….… from (Insert) until (Insert) at ..(Insert)

**Support and training:**

* The First Aider will receive support from the club. Northern Ireland Judo Federation Volunteer Co-ordinator will be available regularly to provide support to all volunteers. This can be on a formal or informal basis as required.
* A variety of training courses will be on offer throughout the year. Some of the courses will be mandatory for all volunteers to attend, such as;
1. Volunteer Induction
2. Inclusive Training
3. Safeguarding Training - Children & Vulnerable adults
* Other courses will be available dependent on the volunteer’s stage of development and requirements for their role.



**Expenses and equipment:**

* This is a voluntary post and therefore no payment will be received, on occasion mileage may be provided if volunteer is asked to travel further afield.
* The Volunteer Co-Ordinator can advise volunteers on the types of expenses that may be covered.

**Vetting:**

* Depending on the frequency of this Volunteer Role as First Aider you may be subjected to a Disclosure and Barring Service (DBS) check as you may be in a regulated position. Information will be provided to you if this is the case.